



Use this guide to help your family learn how God wants us to be grateful.

**First, watch this week's video!**

**Gratitude:**  
Letting others know you see how they've helped you

**Memory Verse**

Give thanks to the Lord, because he is good. His faithful love continues forever.  
Psalm 136:1, NIV

**Bible Story**

The Story of the Workers in the Vineyard  
Matthew 20:1-15

**Bottom Line**

Adjust your attitude.

## Activity 1

### Shout out Dice

- Write on/wipe off dice or cardboard box
- White board marker
- [Printable dice](#)

What you need to do is write 6 different categories on your dice. The 6 categories are: A person you know, someone in your family, a place, a food, a favorite personal item, and all play.

When you roll the die, whatever category it lands on you will have to shout out what you are thankful for in that category.

Now, you'll note there is also the mysterious "all play" category. If you get that, your family has to shout out something they are thankful for all at once.

## Activity 2

### Gratitude Grapes

- [Bible verse grapes](#)
- Yarn

Cut out the ten "grapes" on their Activity Page. Allow your kids the opportunity to recite the verse from memory.

Lay a piece of yarn on the floor as it represents a "grape branch." Now, your family is going to have a "Gratitude Grape" race. Line up your family so they sit in front of the yarn "grape branch." When someone says, "Go," then race to create a "bunch of grapes" on the branch, by putting the grapes in the order of the memory verse. The first person who puts a bunch of grapes on the vine in the correct order is the winner.

**SAY:** There will be times when it will be hard to have a grateful attitude. When you find yourself focusing on what others have or when you find yourself focusing on something that seems unfair, that's when you need to adjust your attitude. Reciting Psalm 136:1 and remembering that God's faithful love for you continues forever can help you adjust your attitude."

## Talk About the Bible Story

It's amazing how creative and powerful our minds can be! We can also choose to change our minds—and our attitudes—when we're feeling ungrateful. With God's help, we can choose to have a thankful attitude instead. How could the workers in today's story have used the power of their minds in their situation? *(They could have adjusted their perspective and their attitudes; chosen to look at what they DID have instead of what others had)*

What words best describe someone who is full of gratitude? *(Happy, peaceful, content, easy)*

When the pandemic started this year, what could you still be grateful for—even though so many things were different?

What is a type of attitude that can get in the way of gratitude? *(Selfishness, impatience, pessimism)*

What should we focus on when we feel ungrateful?

*Parent: Talk about your attitude during the pandemic. Talk about the times when it's been hard. Then, talk about the ways you tried to make the best of a bad situation.*



## Prayer

**Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:**

"Dear God, we trust that You are generous and kind, even when we go through something that is hard. God, help us remember all that we DO have. When we feel like things aren't fair, help us adjust our attitude and choose to be grateful to You. Amen!"