



journey of faith

WEEK OF  
March 7, 2021

# Bake Off: It's Worth The Wait

PARENT GUIDE  
Elementary



Use this guide to help your family learn how God can help us to be patient.

First, watch this week's video!

**Patience:**  
Waiting until later for what you want now

### Memory Verse

Wait for the Lord.  
Be strong and don't lose hope.  
Wait for the Lord.  
Psalm 27:14, NIV

### Bible Story

Simeon Waits for the Messiah  
Luke 2:25-35

### Bottom Line

When you have to wait, remember God is with you.

## First Activity

### Challenge Your Patience!

- No supplies

Tell your kids that you will set the timer for one minute then they will attempt to hold different poses or perform different actions. Challenge them to do each action for the entire minute, until the timer goes off!

Use the actions below and/or come up with some of your own.

One Minute Actions:

- Stand on one foot
- Stick your tongue out without laughing
- Hold your funniest pose
- Make a grumpy face without laughing
- Pretend to eat your favorite baked treat over and over again.

**SAY:** "You are all really good when it comes to waiting, but sometimes waiting can be hard, can't it? Raise your hand if you have ever had to wait on something or someone!"

## Second Activity

### Prayer Activity

- [Prayer sheet](#)

Encourage your kids to think back to how they tried to remember things when they were "little." Remind them of how hard they worked to remember things like the ABCs, shapes, colors, and how to count to 20. Point out that now that they know all of those things, they can remember them easily because they practiced them over and over.

Remembering that God is with us when we wait is something that we can practice—just like we practiced until we learned our ABCs. Ask them to read the statement out loud, filling in the blank with their own example. "Dear God, when I have to wait for \_\_\_\_\_, help me remember that You are with me." Close the activity out with your own prayer for your family.

**SAY:** "God, we know that You are always with us, but when things get tough and our patience is tested, we can forget that You're there. When we're waiting for (insert a few of the things the kids named), help us remember that You are with us and will help us have patience. Thank You, God, for being with us and never leaving us. We love You. In Jesus' name we pray, amen. "Today was a great day. I really loved being with you and learning about God and His Word. You guys are so fun! This week, remember that when you have to wait, God is with you! Let's say it together one last time. When you have to wait, remember God is with you."

## Talk About the Bible Story

Who was already waiting for Jesus when Mary and Joseph left for Jerusalem? (*Simeon*)

What promise did God give Simeon? (*that Simeon would see the Messiah before he died*)

How long did Simeon have to wait to meet the Messiah? (*We don't know the exact answer, but it was a long time.*)

What did Simeon get to do with baby Jesus? (*hold baby Jesus*)

How do you think Simeon was able to show such great patience? (*Let your child answer with their own ideas. Prompt them if needed by saying, "because God made a promise to him," or, "because he knew something great was coming."*)

*Parents, share a situation you experience regularly where you have a hard time waiting.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, we've learned a lot about patience today. Now it's time to put what we've learned into practice. Give us the strength to wait the way Simeon did, and to know that You are always with us. We know that to have patience, we also need to have faith. So help us trust You as we wait. In Jesus' name we pray, amen."