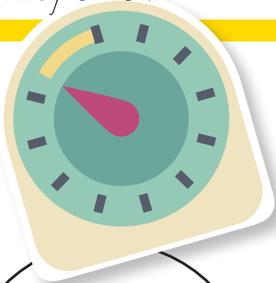


journey of faith



**First, watch
this week's
video!**

**Patience:
Waiting until
later for what
you want now**

Memory Verse

Wait for the Lord.
Be strong and
don't lose hope.
Wait for the Lord.
Psalm 27:14, NIV

Bible Story

Golden Calf
Exodus 32:1-35

Bottom Line

When you have to
wait, remember
what's true.

Use this guide to help your family learn how
God can help us to be patient.

First Activity

True or False

- No supplies

Follow along with the church at home video for this activity. You and your family will try to decide if a fact said by the host is true or false. If you think the statement is true, then run to the right side of your room. If they think it is a false statement, then run to the left side of the room.

Fun statements:

1. When an octopus gets angry, it shoots out a stream of purple ink.
2. Giraffes have black tongues.
3. Alligators cannot move backward.
4. Octopuses have two hearts.
5. An ostrich's eye is bigger than its brain.
6. In one day, your heart beats 50,000 times.
7. It takes more muscles to frown than it does to smile.
8. There is only one word in the English dictionary that rhymes with "Purple."
9. The first animal sent into outer space was a cat.

Second Activity

Cup and Ball Game

- Back in the Jar [Activity Page](#)
- Cup
- String
- Ping pong ball

[Click here](#) for the directions.

Talk About the Bible Story

Do you remember what the Israelites did when they were waiting on Moses? (*They whined and complained.*)

What should the Israelites have been thinking about instead of complaining while they were waiting? (*they should have They should have remembered that God had promised to give them a new land; they should have trusted Moses to come back and lead them.*)

When have you acted like the Israelites when you were waiting on something?

What are some things you believe, without a doubt, to be true about God?

Parents, share a time where you had to remember what was true while you waited.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, it's so good to know that we can trust in You and talk to You whenever we want to. When we start feeling impatient, please help us to turn our attitude around. Help us to remember what is true about You. Please give us what we need to follow You in the things we say and do. Amen."