



journey of faith



Use this guide to help your family learn how God can help us live with commitment.

First, watch this week's video!

## First Activity

### Tangram Puzzle

- [Tangram Pieces](#)
- Scissors

**What you do:** Give your kids a pair of scissors and a "Tangram Pieces" Activity Page to cut apart. Then, encourage them to use their pieces to create the shape they see. If they finish a pattern and time allows, they can select a new pattern to complete.

**What you say:** Great job, It took some practice moving the pieces around to create the pattern on the page. But you did it! Jesus gave us a pattern to follow when we talk to God. Let's go find out what Jesus said.

## Second Activity

### Memory Verse Stacking

- [Activity page](#)
- Plastic cups

**What you do:** Tape or stick each word of the "Memory Verse Building" Activity Page to a cup. Each cup has a part of the verse printed on the cup. Figure out the correct order of the cups according to the memory verse. When you figure out the order of the cups, start stacking your cups as fast as you can. Continue stacking the cups over again and see if you can stack the cups faster every time.

**What you say:** Great job of building your memory verse! Practicing for something can be really hard sometimes. We have to do it over and over, and sometimes it feels like doing the same thing a bunch of times in a row. But when we practice hearing from God, we'll get better and better at it, which will help make us more like Jesus!"

## Talk About the Bible Story

Jesus told a prayer to His disciples that we can read in Luke 11. (*Take time to read Luke 11:2-4 together.*)

How is Jesus' prayer a model for us today? (*It shows us how we can pray to God.*)

What kinds of things do we normally pray about?

Did you notice anything in Jesus' prayer that we sometimes forget to pray about?

If God knows everything already, why do we need to pray?

Is there a right or wrong way to pray?

What can you do if you don't feel like praying, or if you don't know what to say to God? (*talk to Him like you'd talk a friend; ask someone to pray with you*)



Commitment:  
Making a plan  
and putting it  
into practice

### Memory Verse

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."  
1 Timothy 4:8, NIV

### Bible Story

Model Prayer  
Luke 11:1-4

### Bottom Line

Practice  
praying to God.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, we are so thankful that You hear our prayers. We are thankful that we can pray to You anytime, anywhere, and about anything. Thank You for the example Jesus gave to the disciples, which we can practice today. We can praise You. We can ask for the things we need each day. We can ask You for forgiveness, and ask for Your help as we choose to forgive others. Please help us to practice talking to You every day. It's in Jesus' name we pray, amen."