



journey of faith

Use this guide to help your family learn how  
God can help us live with confidence.

First, watch  
this week's  
video!

**Confidence:**  
learning to  
see yourself  
the way God  
sees you

### Memory Verse

"I remain confident of this: I will see the goodness of the Lord in the land of the living."  
Psalm 27:13, NIV

### Bible Story

Elijah and the Prophets of Baal  
1 Kings 18:16-46

### Bottom Line

God can do  
the impossible.

## Activity

### Possible or Impossible?

#### What You Need:

A ball or pillow you can toss

#### What You Do:

Say, "I'm going to say something and toss you the ball. You have to decide if what I say is possible or impossible. Once you decide, tell me your answer and throw the ball back to me. Ready?"

Toss the ball back and forth, making one of the following statements each time:

- An elephant can fit inside a shoebox
- A dolphin can walk
- A baby can crawl
- A shark can say the ABCs
- A penguin can swim
- A house can walk
- A baby can fly an airplane
- A horse can play the violin
- A duck can swim
- An octopus can go to school

If there's time, make up a few of your own. Or, allow your child to make up some, and you say if their statements are possible or impossible.

## Talk About the Bible Story

What happened in our story today that seemed impossible? *(God sent fire down from heaven to prove that He is the one true God.)*

Who was Elijah? *(a prophet)*

What's a prophet? *(Someone who speaks words from God to the people)*

Are you dealing with anything now that feels impossible?

*Parent: Share about a time when you faced an impossible situation. Maybe you and a friend had a broken relationship, and reconciliation seemed impossible. Or maybe something related to the pandemic caused an impossible situation.*

*Were you able to stay confident in God's power, no matter the outcome? What truths or Scripture did you lean into during that time?*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

Lead your child in a responsive prayer. Allow them to respond silently if they want. *(If they're not responding out loud, add an answer or two of your own.)*

Say, "I'm going to say a prayer with you. When I pause, I want you to fill in the blank, either out loud or silently.

God, You are . . . *(Pause for your child to answer aloud or silently.)*

God, I know You love me because . . . *(Pause for your child to answer aloud or silently.)*

God, You provide every good thing. Thank You for . . . *(Pause for your child to answer aloud or silently.)*

God, You are able to do the impossible! Right now, God, it seems impossible that . . . *(Pause for your child to answer aloud or silently.)*

But, God, I trust that You are in control. God, like Elijah, I want my confidence to come from You. Help me to show confidence and trust You no matter what! In Jesus' name, amen."