

Pastor Matthew Jensen

How a healthier identity can improve our self-care.

Part 2. Using a God-Connected Identity to Live with Purpose

January 19th, 2021

1. Let God's purpose for you be defined through His heart, and not your expectations.

Psalms 119:105

Matthew 22:34

Deuteronomy 6:5

Leviticus 19:18

Matthew 28:19-20

Question 1: What stands out to you about the crossroads between our expectations of our purpose, and God's heart for our purpose as mentioned in Scripture?

Question 2: What challenges you the most about this?

2. Make recalibrating your sense of purpose a regular part of your spiritual life.

John 13:15

1 Corinthians 11:1

Proverbs 11:14

Question: What does this look like for you realistically? Many of us are working from home, some have family responsibilities, we all have neighbors, and we are generally busy as a culture. So how can we practically make recalibrating our sense of purpose a regular part of our spiritual lives?

- Daily devotions
 - Mentor
 - Close circle of honest and godly friends
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3. Look for ways to become the father in the parable of the prodigal son.

Luke 15:11-32

Question 1: What challenges you the most about this?

Question 2: What are some creative ways to become the father that popped into your head during this?

Summary: "How a healthier identity can improve our self-care."

The topic for the first session was "Seeing Ourselves as God Sees Us." We went over three things that are foundational to this:

1. God sees you, and cares.
2. God thinks you are worth everything.
3. God wants you to live with purpose as you lean on Him.

This led us to the topic for this second session, "Using a God-Connected Identity to Live with Purpose." Here, we went over three things to consider:

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Please let us know what your biggest takeaway from our time was together at care@journeyoffaith.com!

Join us for our next 12-week Care Tuesday starting February 9th!

Click link <https://jofsocal.churchcenter.com/registrations/events/670298> for details, and registration 😊.