



Sermon Discussion Guide
Backstory: Flesh and Blood
Sunday, September 5, 2021
Based on Pastor Alex's Message

Introduction

We're finishing our 5-week series called *Backstory*. In this series we're looking at stories of Jesus in which we could all use a little bit more backstory to better understand what we're reading. In this last lesson, we learn that we must find the source of our life in Jesus.

To watch this week's sermon before your group discussion, go to www.journeyoffaith.com/messages

Share Your Story

1. What's one time when you placed your "life nourishment" in the wrong thing?

Hear God's Story

2. Skim John 6:1-21 and Exodus 16 again. *Why* did God in the Old Testament and Jesus in the New Testament provide food for the people in these accounts?
3. In John 6 Jesus was really driving home the point that He was the true source of life.
 - a. Why didn't many get that?
 - b. What are some ways you forget this in your own life sometimes?
4. In the sermon we learned of three ways we can find our life's nourishment in Jesus: 1. Redirect your life-focus onto Jesus; 2. work to believe in Jesus every day; and, 3. Let the sacrifice of Jesus fuel your life of sacrifice (see John 6:27-29; 6:53-55).
 - a. Take a moment to think about those action steps. What challenges to these things come to your mind when you think about your life's pace and responsibilities?
 - b. What's one or a few ways you can incorporate these reminders into your daily routine?
 - c. What are some examples of the benefits actually applying this would yield: i.e. in your personal relationship with God, life perspective, goals, interactions with others, etc?
5. What can we learn about God from all that we've read and discussed?

Pray

6. Spend a few minutes in prayer as a group praying for what we've discussed, being sure to give God praise in addition to bringing your requests to Him.

For questions about this curriculum, contact Pastor Matthew Jensen at matthew.jensen@journeyoffaith.com